



## **PROGRAM PLANNING GUIDE 2025-2026**

### **Addictions Counselling Diploma**

The purpose of this program planning guide is to help students track their progress within their chosen program. The information in this planning guide is accurate at the time of printing and is subject to change without notice. It is the students' responsibility to ensure the accuracy of their program and course choice. Students should use the program planning guide dated the year in which they began the program. This guide should be used in conjunction with the official version of the Medicine Hat College Calendar, and calendars of appropriate transfer institutions, which are the final authorities regarding program requirements.

#### **Year One**

<b>FALL SEMESTER</b>			<b>WINTER SEMESTER</b>		
<b>COURSE</b>	<b>DATE</b>	<b>GRADE</b>	<b>COURSE</b>	<b>DATE</b>	<b>GRADE</b>
<b>ENGL 123 [3] (lec)</b> <i>Fundamentals of Writing</i> OR <b>ENGL 125 [3] (lec)</b> <i>Introductory Report Writing &amp; Speech</i> OR <b>ENGL 252 [3] (lec)</b> <i>Introductory Composition</i>			<b>ANTH 213 [3] (lec)</b> <i>Contemporary Indigenous Issues in Canada</i>		
<b>IDST 100 HCS [4] (lec/lab)</b> <i>Intro Communications for Helping Professionals</i>			<b>ENGL 203 [3] (lec)</b> <i>Identity &amp; Intervention: An Introduction to Literature</i>		
<b>PSYC 200 [3] (lec)</b> <i>Introduction to Psychology I – Natural Science</i>			<b>SOCI 201 [3] (lec)</b> <i>Introductory Sociology</i>		
<b>ADDC 110 [3] (lec)</b> <i>Introduction to Addictions</i>			<b>ADDC 130 [3] (lec)</b> <i>Assessment of Addiction</i> <b>Prerequisite: C- in ADDC 110</b>		
<b>ADDC 120 [3] (lec)</b> <i>Introduction to Counselling</i>			<b>ADDC 140 [3] (lec)</b> <i>Counselling Theories &amp; Approaches</i> <b>Prerequisite: C- in ADDC 120</b>		

#### **Year Two**

<b>FALL SEMESTER</b>			<b>WINTER SEMESTER</b>		
<b>COURSE</b>	<b>DATE</b>	<b>GRADE</b>	<b>COURSE</b>	<b>DATE</b>	<b>GRADE</b>
<b>PHIL 248 [3] (lec)</b> <i>Ethics in the Workplace</i>			<b>IDST 250 [3] (lec/lab)</b> <i>Conflict Management &amp; Crisis Intervention in the Helping Professions</i> <b>Prerequisite: C- in IDST 100</b>		
<b>ADDC 150 [3] (lec)</b> <i>Prevention &amp; Relapse</i> <b>Prerequisite: C- in ADDC 110 &amp; 130</b>			<b>IDST 260 [3] (lec)</b> <i>Personal Health &amp; Wellness</i>		
<b>ADDC 160 [3] (lec)</b> <i>Suicide &amp; Mental Health</i> <b>Prerequisite: C- in ADDC 130 &amp; 140</b>			<b>IDST 270 [3] (lec)</b> <i>Leadership in Helping Professions</i>		
<b>ADDC 170 [3] (lec)</b> <i>Pharmacology of Addiction</i> <b>Prerequisite: C- in ADDC 130 &amp; 140</b>			<b>ADDC 190 [3] (lec/lab)</b> <i>Addictions Counselling with Families</i> <b>Prerequisite: C- in ADDC 130 &amp; 140</b>		
<b>ADDC 180 [3] (lec)</b> <i>Indigenous Ways of Healing</i>			<b>ADDC 195 [3] (lec/lab)</b> <i>Addictions Counselling with Groups</i> <b>Prerequisite: C- in ADDC 130 &amp; 140</b>		
<b>SPRING SEMESTER</b>					
<b>ADDC 250 [6] (PR)</b> <i>Practicum</i> <b>Prerequisite: C- in all previous Addictions</b>					

Counselling Courses		
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## **Program Notes:**

### **Graduation Requirements**

To successfully complete this program students must:

- Complete all courses outlined in the calendar with a minimum overall GPA of 2.0

You should see your Academic Advisor or Program Coordinator if you:

- Choose to take courses in a different configuration than shown above.
- Drop or fail a course.
- Want to take a course in the spring semester or from another institution.