



Career Research

Where do I start?

There are so many resources available to help you learn new information about jobs and industries you are considering. Below is a list of research tools to help you get started.

- 1. The Alberta Learning Information Service (ALIS):** www.alis.alberta.ca
 - ALIS offers a wealth of information on career and education planning, job search strategies, self-assessment tools, resume tips, and various career development-related content.
 - **ALIS OCCinfo** is a fantastic tool to research careers as it provides information such as typical duties, working conditions, skills, educational requirements, certification requirements, employment outlook, wage and salary data, and other pertinent materials: <https://alis.alberta.ca/occinfo/occupations-in-alberta/>
- 2. Visit Medicine Hat College's website:** www.mhc.ab.ca
 - Take an interest assessment to learn how they connect to careers and education: <https://mhc.lightcastcc.com/?radius=®ion=Alberta>
 - Review the types of programs offered: <https://www.mhc.ab.ca/en/programs-and-admissions>
 - Meet with a prospective student advisor: <https://www.mhc.ab.ca/student-life/academic-support/advising>
 - If you are interested in a program not offered at MHC, visit other Alberta College and University pages to learn about their program offerings.
- 3. Read job postings of careers that you are considering...**
 - Reading potential job postings highlights the different types of employers, job responsibilities, qualifications, wages, etc. related to the job you want
 - Medicine Hat College Student Job Board: <https://www.mhc.ab.ca/en/about-mhc/careers/student-job-board>
 - Indeed: <https://ca.indeed.com/>
 - ALIS job postings: <https://alis.alberta.ca/occinfo/alberta-job-postings/>
 - Canada Job Bank: <https://www.jobbank.gc.ca/home>
 - Medicine Hat Jobs Facebook Page: <https://www.facebook.com/groups/7373634330/>
- 4. Learn more or try it out...**
 - **Informational Interviewing** is when you interview someone working in the field you are interested in to ask them general questions and gain first-hand information on that career. ALIS offers a great resource for how to conduct an informational interview, types of questions to ask and more: <https://alis.alberta.ca/look-for-work/labour-market-information/tips-for-a-successful-informational-interview/>
 - **Job Shadowing** is when you ask an organization if you can come to their worksite to observe them doing their jobs: <https://alis.alberta.ca/careerinsite/explore-options/hands-on-experience/job-shadowing-or-working/>
 - **Student-for-a-Day at MHC:** sit in on classes for one day to preview what you could experience as a student: Call 403-529-3819 for more info.
 - **Get to know yourself** by completing various assessments to gain insight into your interests, skills and abilities: <https://alis.alberta.ca/careerinsite/know-yourself/>



STUDENT CAREER SERVICES



What do I do with all this research?

You've done your research and decided to attend Medicine Hat College. Your next steps are:

1. Apply to your program of choice to go through the admissions process: <https://www.mhc.ab.ca/programs-and-admissions/admissions>
2. Meet with an Advisor if you have any questions: <https://www.mhc.ab.ca/student-life/academic-support/advising>
3. Consider your funding sources: <https://www.mhc.ab.ca/en/student-life/financial-aid>
4. Register for your courses: <https://www.mhc.ab.ca/en/student-life/registrars-office/registration>
5. Learn about other supports at MHC that may be helpful: <https://www.mhc.ab.ca/campus-services>

If you will have to upgrade to gain admission:

1. Learn more about your academic upgrading options: <https://www.mhc.ab.ca/en/programs-and-admissions/academic-upgrading>
2. Meet with an upgrading advisor: <https://www.mhc.ab.ca/student-life/academic-support/advising>

I've decided not to return to school at this time. Are there any career-related resources available to help me?

Alberta Supports Centre – Employment Hub | 403-529-3683

Main Floor, Provincial Building
346 – 3rd Street, S.E. Medicine Hat, AB
<https://www.alberta.ca/alberta-supports>

Being Human Employment Services | 403-580-3338

222 South Railway Street, S.E. Medicine Hat, AB
<https://www.beinghumanservices.ca/>

Saamis Employment & Training Association | 403-504-4056

919 Tractor Avenue, S.E. Medicine Hat, AB
<https://saamisemployment.com/>

YMCA Employment Services | 403-529-4733

770 1st Street, S.E. Medicine Hat, AB
<https://medicinehatymca.ca/employment-services>



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